OB1203

OB1203 Heart Rate, Blood Oxygen Concentration, Pulse Oximetry, Proximity, Light and Color Sensor: Sensor Programming

Abstract
This application note provides a quick-start guide for programming the Renesas OB1203 all-in-one PPG biosensor, proximity sensor and color sensor.

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1. Application Circuit

It is suggested to use low noise power supply sources, such low-noise low dropout (LDO) linear regulators. Independent supplies for analog and digital supply (VDD) and LED supply (LED_VDD or LVDD) are suggested. Pull-up resistors in the appropriate range to microcontroller logic voltage of 1.8–3.3V are necessary for I2C SDA, I2C SCL and INTB pins. A decoupling cap between VDD and analog ground (GND) of 0.1µF and optionally 1 µF for longer leads is suggested. 4.7–10 µF capacitors are useful between LVDD and LED_GND (LGND). The analog ground (GND) and LED power ground (LGND) should be connected at a low impedance node to avoid ground bounce effects when the LED current is high. Trace lengths should be minimized and wider trace/via widths used for current carrying LVDD and LGND lines. All the LED pins should be connected to a low thermal impedance pad.

For bench test functionality purposes it is sufficient to connect LVDD and VDD to 3.3V source relative to LGND and GND, and connect the I2C and INTB lines to the logic level (typically 1.8V or 3.3V) via pull-up resistors in the appropriate range. Note that the internal digital and analog levels are set by an internal LDO regulator.

![Application Circuit Diagram](image)

**Figure 1. Application Circuit**

2. OB1203 Overview

OB1203 communicates via I2C on the SDA (data) and SCL (clock) pins, along with an active-low (INTB) interrupt pin.

2.1 Address

By default, the 8-bit device address is 0xA6 for write operations and 0xA7 for read operations. The one-time-programmable (fuse) DEVICE_CFG bit sets the write/read address to 0xA4/0xA5. The 7-bit address used by some I2C libraries is obtained by a bit shift to remove the write/read bit, namely the default 7-bit address is 0x53 (resulting in 0xA6 for write operations). When DEVICE_CFG is fused the new 7-bit I2C address permanently becomes 0x52 (resulting in 0xA4 for write operations). For detail about fusing the part, consult Renesas. This is typically set at the factory.

<table>
<thead>
<tr>
<th>DEVICE_CFG bit 1</th>
<th>7-bit to be Left Shifted</th>
<th>I2C Address</th>
<th>8-bit to Left Shifted</th>
<th>Read 8-bit</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 – default</td>
<td>b: 1010 011</td>
<td>0xA6</td>
<td>0xA7</td>
<td></td>
</tr>
<tr>
<td>1 – programmed</td>
<td>b: 1010 010</td>
<td>0xA4</td>
<td>0xA5</td>
<td></td>
</tr>
</tbody>
</table>
2.2 Register Organization
The internal register map is organized into four main sections:
1. Status and data (0x00 through 0x12)
2. Settings (0x13 through 0x37)
3. FIFO (0x38 through 0x3B)
4. Miscellaneous registers (0x3C, 0x3D, 0x42, 0x43, 0x4D)
Convenient for block writing and reading of registers, a read or write operation always moves (indexes) the internal pointer to the next register, with one important exception. The FIFO_DATA (0x3B) data register is special, providing access to an internal RAM that stores the biosensor data. Successive reads of the FIFO_DATA register index through the RAM, not the register map. So the register map essentially “breaks” at 0x3B. To access registers beyond 0x3B a write operation must be performed.

It is necessary for the FIFO and optionally its read, write and overflow registers to be read in a single burst (aka “block”) read. This is described in the datasheet. Remember: “burst read or bad data”.

**Programming tip**: To do a register dump, which is common in SW/FW debugging, separate block reads should be performed for registers before and after 0x3B.

3. Status and Data Registers (0x00–0x12)

3.1 Status and Interrupts
Device status can be obtained by reading registers 0x00 and 0x01 (burst read is best). Status bits are typically cleared when the status register is read.

Interrupts can be asserted for some of the status bits. Interrupts are enabled/disabled using the interrupt configuration registers at 0x2B and 0x2C. The function of the proximity sensor (PS) interrupt can be set to either assert with each reading beyond a threshold (state), or to assert the first time a value exceeds a threshold (state change).

An interrupt asserts by pulling the INTB pin low. For instance, the controller can attach an ISR to a falling transition on the interrupt pin. When a status register is read, the status bit is cleared and any interrupt is also released. Reading the FIFO will also clear an AFULL interrupt.

For light sensor and proximity operation, sample rates are slow enough that the controller can typically poll data on schedule and check for new data via the status register.

**Programming tip**: There are two clocks on the chip. There is a (high power) 1% accurate one for Bio and a (low power) low accuracy clock for PS and LS. So don’t expect the LS and PS sample rates to be more than 10 or 20% accurate. In other words, if you set a polling rate and expect new data every time, you might not get it, or you might miss a sample occasionally. This is no problem for typical LS and PS applications.

3.2 Light Sensor and Proximity Sensor Data
Light sensor (LS) and proximity sensor (PS) data is unsigned. (So is the FIFO data). So all data from OB1203 is unsigned.

PS data is 16 bit. The first byte is the lowest significant byte (the lower digits). (That is consistent throughout the data registers and FIFO.)

Consider an I2C block read function with the following prototype where unsigned char is equivalent to uint8_t data type:

```c
blockRead(unsigned char device_address, unsigned char start_register, unsigned char *dataBuffer, unsigned char bytes_to_read)
```
The following operation reads two bytes into the array psDataBytes.

```c
blockRead(OB1203_ADDR,0x02,psDataBytes,2);
```

The PS data is constructed by casting as unsigned integers and appending the first byte to the second.

```c
uint16_t ps_data = ((uint16_t)psDataBytes[1]) << 8 | uint16_t)psDataBytes[0];
```

Similarly, the light sensor data for the LS channels is constructed by collecting three bytes from desired channel, or block reading all of the bytes. As an example the following function reads all the light sensor data into a buffer lsDataBytes.

```c
blockRead(OB1203_ADDR,0x04,lsDataBytes,15);
```

The LS data from all the channels can be collected into an array ls_data by casting as unsigned integers and appending the data bytes.

```c
for(int n=0; n<5; n++) {
    ls_data[n] = ((uint16_t)lsDataBytes[3*n+2]) << 16 | ((uint16_t)lsDataBytes[3*n+1])<<8 | ((uint16_t)lsDataBytes[3*n];
}
```

```c
white = ls_data[0];
green = ls_data[1];
blue = ls_data[2];
red = ls_data[3];
comp = ls_data[4];
```

The comp or dark channel reports how many counts were subtracted respectively from each of the light sensor channels to compensate for leakage current in the photodiode—a temperature dependent affect. “Comp” is a reference photodiode shielded by metal so it isn’t sensitive to light and measures only temperature-dependent leakage current. Note that the subtraction is automatic and already included in the data. If the algorithm does not need to know the comp value, you can omit reading it and spare some cycles.

The register map is designed so that a controller may read the status, ps and ls data in a single burst read for subsequent parsing.

**Programming tip**: Proximity sensor data is digitally scaled by a factory code to provide a narrow part distribution. If the trim factor is less than 1 (a brighter than average LED), the measured counts are scaled down before display in the register, to provide the expected proximity count number. The saturation count level is also scaled down. Thresholds near saturation are not used typically for proximity applications, so this does not matter. But PPG heartrate and SpO2 measurements are made near saturation, so the digital trim should be turned off for PPG measurements. This is done by writing 0x00 to registers 0x42 and 0x43. The factory trim is restored by setting the main_config register power-on reset bit, or by writing back the original values.

### 3.3 Settings Registers (0x13–0x37)

#### 3.3.1 Hidden Registers

The settings registers contain various bits which can be set or cleared to adjust the measurement parameters. The most important thing to note is that **some registers contain bits which have a default setting that must be kept**. For example, writes to registers 0x19, 0x2E and 0x35 should write ones to the bits noted in the data sheet. These registers include essential information for the proper working of the chip. So make sure the bits in the register map marked 1 are set that way using a mask.
Programming tip: Aside from the ones in the hidden bits for registers 0x19, 0x2E, and 0x35, zeros can be written to all unlabeled bits in the register map. Also, do not write ones to any of the three LSBs of register 0x2F because these bits relate to disabling ambient light cancellation.

3.3.2. Modes of Operation (how to turn it on)
OB1203 starts up in a low power mode with no measurements enabled. This default standby mode is a convenient feature, as no special register write is required to wake or sleep the chip. Whenever no measurements are enabled, OB1203 is automatically in a low power standby mode. To change from standby, simply enable either the proximity and/or ambient light measure, or bio measurement.

To start measurements the main configuration registers (0x15 and 0x16) the respective measurement enable bits must be set. When Bio (PPG) mode is enabled, LS and PS measurements are not performed. Mutually exclusive modes of operation for PPG and LS/PS is not a concern because if someone’s finger is on top of the sensor for a bio measurement, the LS and PS measurements are not particularly useful. Details of the mode settings options are in the datasheet.

The SW reset bit in MAIN_CTRL_0 is particularly useful as this returns all internal registers to the power-on defaults.

Programming tip: Before beginning a new mode of operation such as switching from PS to Bio mode it is good practice to set the SW reset bit, wait for POR status to assert and then set the registers for the new programming mode. Note that this does not assert the power-on status register bit. To return to a low power mode without altering the other registers, simply de-assert the LS_EN and PPG_PS_EN bits (bit 0) of the MAIN_CTRL_0 and MAIN_CTRL_1 registers (0x15 and 0x16).

3.4 FIFO Registers
The FIFO has a 32 slot RAM that is 3 bytes wide (stores 32 numbers 3 bytes long). Data must be read in I2C burst (block read) mode and the write operation should include the repeated I2C start as described in the datasheet. This is very important.

Programming tip: It is good practice to set the FIFO read and write pointers to zero when beginning a new measurement.

There are typically four different ways of reading out the FIFO.
1. Polling: read one (regular fast readout)
2. Polling: read some (irregular readout)
3. Polling: read all (low data rates only)
4. Interrupt driven (regular readout) – preferred

Polling is useful when the interrupt pin is not used due to pin limits or preference, or an I2C-USB translator like an Aardvark. Interrupt-driven readout is preferred.

In any case, for PPG2 mode (IR and red) only readout even number of samples, namely 1 each of red and IR: 2\times3 = 6 \text{ bytes}, 4\times3 = 12 \text{ bytes}, 6\times3 = 18 \text{ bytes}, etc. Otherwise you could screw up which samples are red and IR and that is not good.
3.4.1. **Polling: read one**

For a controller without other obligations, the data can be read as soon as it is available. The controller periodically polls the status register (with some delay between polling—you can’t stay on the I2C line all the time or the chip might not get a chance to update the FIFO). When a new PPG data is available the MCU burst reads 6 bytes (PPG1 mode) or 9 bytes (PPG2 mode) from register 0x38 up (0x38, 0x39, 0x3A and 3 or 6 times 0x3B). Byte 1 is the write pointer location. Byte 2 is the read pointer location in the RAM. Byte 3 is the overflow pointer (counts the number of samples you missed reading after the FIFO filled up). The next 3 bytes are data bytes from the first sample in the FIFO at the read pointer location for the IR LED. The final 3 bytes (in PPG2—namely SpO2—mode) are for the red LED sample. The read pointer now increments to the next sample which will be available soon—keep checking the status register.

3.4.2. **Polling: read all/some samples**

For a fast controller: allow several samples to accumulate in the FIFO then burst read the read pointer, write pointer and overflow counter. Calculate how many samples are available (the distance between the read and write pointer: write pointer – read pointer). Note that the FIFO is a circular buffer, so if the read pointer is 31 and the write pointer is 02, then there is one unread sample at 31, at 0 and at 1. (write pointer – read pointer + 32). Now go back and read the FIFO samples that are available—do it before the write pointer catches up to your read pointer and overwrites your data.

**Programming tip:** If "n" samples are missing due to FIFO overflow, just clone your most recent sample n times in the algorithm. Most algorithms are robust to lost samples when the present value is copied forward. But if samples are not cloned the heart rate value will appear to accelerate according to the percentage of samples lost (more beats per samples).

At high data rates you may be reading samples while the next sample comes in. If so, the sample will be lost and the overflow pointer will increment. You and the ASIC have to share the FIFO. When you are reading, the ASIC can’t be writing. Otherwise data could be corrupted. By not writing to the FIFO while it is being read, OB1203 never has corrupted data.

To limit buffer sizes and I2C transaction times, the controller can read all available samples up to a practical limit (say 6×3 = 18 bytes), based on the timing. If the read and write pointer are read and then the MCU is busy and there is some delay before samples are read the write pointer may move and overwite old data. The controller will then read new samples thinking they are old ones. This will make the data look “spikey”. Avoid this by minimizing delays between the two reads and/or reading more frequently to keep the read and write pointers closer and avoid the read pointer getting lapped.

3.4.3. **Interrupt-driven**

**Data ready interrupt method:** The data ready interrupt is enabled. Each time new PPG data is ready (both IR and R have to finish in PPG2 mode) the interrupt asserts. Controller then reads the new data immediately. This method has small, but frequent I2C traffic and requires low latency in order to not miss samples if data is coming at high rates. This method has the advantage of being able to count samples (by incrementing and decrementing an interrupt counter on the MCU) and calculate if any samples were missed.

**AFULL interrupt method:** The AFULL interrupt is enabled. When the FIFO is full (or nearly full—you can set how early you want it to assert), the AFULL interrupt asserts. The controller then reads a fixed number of samples. Optionally the controller can read the FIFO registers and adjust the number of samples it reads if it is falling behind.

The interrupt-driven method has the advantage that the write and read pointer need not to be read. That reduces the I2C traffic and the chance that a measurement gets lost due to a FIFO busy with I2C communication.

**Programming tip:** Increasing the FIFO_A_FULL value in the FIFO configuration register (0x37) interrupt advance warning assert the FIFO almost full interrupt with more samples remaining. This gives the MCU more time to respond, but you will read out less samples if you read right away. So if you need maximum time
between reads, for instance to finish some algorithm calculations, then use a smaller FIFO_A_FULL value for minimal advance warning.

### 3.5 FIFO Read Example (AFULL interrupt case)

DigitalIn intb(INTB_PIN); //setup a pin to read the interrupt line
unsigned char fifoDataBytes[maxSamples2Read*3*ppgMode]; //3*#meas
unsigned char bytes2Read = 3+samples2Read*ppgMode; //FIFO registers+3*#meas
uint32_t ppgData[maxSamples2Read*ppgMode]; //parsed data buffer
unsigned char samplesAvailable;
unsigned char readPointer;
unsigned char writePointer;
unsigned char overflowCounter;

while(1) {
    if(!DigitalIn.read()) { //AFULL if pin is low (optionally use falling interrupt and ISR)
        blockRead(OB1203_ADDR,0x38,fifoDataBytes,bytes2Read); //read FIFO registers +data - this is a repeated start “burst read”. No stop after write to FIFO reg: start, write FIFO reg, start, read n bytes, stop.
        readPointer = fifoDataBytes[0];
        writePointer = fifoDataBytes[1];
        overflowCounter = fifoDataBytes[2];
        if (writePointer<readPointer) {
            numSamples += 32;
        }
        numSamples -= readPointer;
        for( int n=0; n<numSamples; n++) {
            uint32_t byte0 = fifoDataBytes[2+3*n]);
            uint32_t byte1 = fifoDataBytes[2+3*n+1];
            uint32_t byte2 = fifDataBytes[2+3*n+2];
            ppgData[n] = (byte2<<16) | (byte1<<8) | byte0;
        } //end data parsing loop. If SpO2 mode every other sample is red, so the number of IR samples is half of the total number of samples. Similarly for red.
    } //end interrupt asserted case
    //optionally include a loop delay if not using interrupt and ISR
} //end while loop
4. Example Part Configurations

Setting up OB1203 consists of a power-on reset, setting thresholds, interrupts, settings and then turning on the measurement.

4.1 Configuring LS

```c
reset(); //reset registers to power-on default
setLSthresholds(); //set thresholds for LS interrupt behavior
configInterrupts(); //set LS interrupts and persistence as desired
configLSsettings(); //set LS gain, resolution and sample rate
configMain(); //turn on LS measurements
beginLSPollingThread(); //poll at about the sample measurement rate
```

Register setting example:

**Register, Value //comment**

//LS mode settings
15, 03 //LS enabled, all channels
16, 00 //PS and Bio off
22, 22 //18 bit (100ms) measurement, 100ms measurement period
23, 03 //Gain mode 18 (most sensitive)
//LS interrupt upper threshold
24, FF //upper threshold LSB (set to max)
25, FF //upper threshold middle byte (set to max)
26, 07 //upper threshold MSB (set to mid-scale) –interrupts if above x7FFFF
//LS interrupt lower threshold
27, FF //lower threshold LSB (set to 255 counts) –interrupts if below x000FF.
28, 00 //lower threshold middle byte (set to min)
29, 00 //low threshold MSB (set to min)
//interrupt config
2A, 00 //not using LS variation threshold
2B, 01 //interrupt config 0: white channel (default), LS var mode off, LS (threshold) interrupt enabled
2D, 20 //LS_persist = 2 (3 consecutive LS values out of threshold range)

*Programming Tip: 50ms integration time is an even number of 50Hz and 60Hz power cycles, a good choice for avoiding light source flicker.*
4.2 Configuring PS

reset(); //reset registers to power-on default
setPSthresholds(); //set thresholds for PS interrupt behavior
configInterrupts(); //set PS interrupts and persistence as desired
configPSsettings(); //set PS gain, LED current, LED pulse width, pulse number and sample rate, analog cancellation, digital cancellation
configMain(); //turn on PS measurements
beginPSPollingThread(); //poll at about the sample rate

4.3 Configuring LS and PS

Similar to above.

Register setting example:

<table>
<thead>
<tr>
<th>Register</th>
<th>Value</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>80</td>
<td>power on reset—resets factory trim for proximity sensor. Wait 10ms before next I2C write. (wait 10 ms)</td>
</tr>
<tr>
<td>15</td>
<td>03</td>
<td>enable LS mode, all channels</td>
</tr>
<tr>
<td>16</td>
<td>01</td>
<td>PPG/PS enabled, PS mode</td>
</tr>
<tr>
<td>17</td>
<td>FF</td>
<td>LED current LSB (set to max)</td>
</tr>
<tr>
<td>18</td>
<td>01</td>
<td>LED current MSB (set to mid scale) LED current = 511 (125mA of max 250mA)</td>
</tr>
<tr>
<td>19, 1A</td>
<td>//Analog cancellation off, 4 pulses, obligatory hidden register bit 1 set as required</td>
<td></td>
</tr>
<tr>
<td>1A, 14</td>
<td>//pulse width 35µs, measurement period 50ms (20 sps)</td>
<td></td>
</tr>
<tr>
<td>1B</td>
<td>96</td>
<td>digital cancellation set to subtract 150 counts of crosstalk</td>
</tr>
<tr>
<td>1C, 00</td>
<td>//digital cancellation MSBs (set to min)</td>
<td></td>
</tr>
<tr>
<td>1D, 00</td>
<td>//moving average hysteresis not used</td>
<td></td>
</tr>
<tr>
<td>1E, 00</td>
<td>//PS low threshold lower byte (zeroes)</td>
<td></td>
</tr>
<tr>
<td>1F, 04</td>
<td>//PS low threshold upper byte (set to 1024)</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>00</td>
<td>//PS upper threshold low byte (zeroes)</td>
</tr>
<tr>
<td>21, 08</td>
<td>//PS upper threshold upper byte (set to 2048)</td>
<td></td>
</tr>
<tr>
<td>22, 32</td>
<td>//LS resolution 17 bit (50ms integration), measurement period 100ms</td>
<td></td>
</tr>
<tr>
<td>23, 00</td>
<td>//Gain 1x (widest range)</td>
<td></td>
</tr>
<tr>
<td>24, FF</td>
<td>//LS interrupt high (maxed out—not using)</td>
<td></td>
</tr>
<tr>
<td>25, FF</td>
<td>//ditto</td>
<td></td>
</tr>
<tr>
<td>26, 0F</td>
<td>//ditto</td>
<td></td>
</tr>
<tr>
<td>27, 00</td>
<td>//LS interrupt low (minimized—not using)</td>
<td></td>
</tr>
<tr>
<td>28, 00</td>
<td>//ditto</td>
<td></td>
</tr>
<tr>
<td>29, 00</td>
<td>//ditto</td>
<td></td>
</tr>
<tr>
<td>2A, 05</td>
<td>//LS var interrupt set to 256 count change</td>
<td></td>
</tr>
<tr>
<td>2B, 03</td>
<td>//white channel selected for interrupt and variance mode for interrupt, interrupt enabled</td>
<td></td>
</tr>
<tr>
<td>2C, 01</td>
<td>//PS interrupt logic mode: state change, PS interrupt enabled</td>
<td></td>
</tr>
<tr>
<td>2D, 02</td>
<td>//LS persist 0, PS persistence: 2 consecutive samples above/below threshold</td>
<td></td>
</tr>
<tr>
<td>2E, 09</td>
<td>//PS gain 1x, obligatory hidden register bits 3 and 0 set</td>
<td></td>
</tr>
<tr>
<td>2F, 40</td>
<td>//PS power save on, LED flip off</td>
<td></td>
</tr>
</tbody>
</table>
4.4 Configuring PPG

```c
reset(); //reset registers to power-on default
configPPGsettings(); //set PPG gain, LED pulse length, number of averages and sample period
setPPGcurrents(); //set IR and R led current levels
configuInterrupts(); //set conversion or AFULL interrupt as desired
resetPointers(); //set write, read and overflow to 0x00;
setDigTrim(); //turn off proximity sensor digital trim to allow max range
configMain(); //turn on PPG1 measurements
beginPPGPollingThread(); //poll status register or FIFO pointers or wait for interrupt
```

*Programming tip: If any PPG configurations are changed, such as the LED currents, reset the pointers, then disable and re-enable PPG measurements to start a new conversion.*

Register setting example:

```
Register(hex), Value (hex) //comment
15, 02 //LS mode set to all channels (not used because LS is disabled)
2B, 00 //LS interrupts not used because LS is disabled
2C, 20 //FIFO almost interrupt enabled
2E, 0A //Gain 1x, obligatory hidden register bits 3 and 0 set
2F, 04 //PPG power save on, LED flip not set (IR first)
30, AF //IR current set to x1AF
31, 01 //ditto
32, AF //Red current set x1AF
33, 01 //ditto
34, 00 //PPG analog cancellation off for both channels
35, 4A //averaging 16 samples, obligatory hidden register bits 3 and 1 set
36, 31 //min PPG pulse width, 0.625ms measurement period (1600 sps for both LEDs—100sps with 16x averages)
37, 04 //rollover enabled, AFULL interrupt with 4 samples remaining (40ms advance warning).
38, 00 //FIFO write pointer=0 (start new samples from zero
39, 00 //FIFO read pointer=0 (haven't read any samples yet)
3A, 00 //FIFO overflow=0 (reset overflow counter of samples missed due to full FIFO)
42, 00 //set digital trim to 1x for IR channel
43, 00 //set digital trim to 1x for R channel (remember to undo when switching to proximity
16, 05 //PPG/PS mode enabled, SpO2 mode (PPG2)
5. Data Rate and Current Consumption

5.1 LS Data Rate and Resolution

Light sensing is the lowest power operation. The ADC is a first order sigma delta so resolution depends on how long the measurement runs. For display backlight applications high resolution is only needed in low lighting conditions. Otherwise quick, low resolution measurements suffice. Longer conversions (higher resolution) makes for a smaller least significant bit (LSB), which lowers the detection limit (improves sensitivity).

For example LS readout every 50ms allows for 50ms conversions which delivers 17-bit resolution. For sampling every 50ms any conversion time less than or equal to 100ms can be used. The device is simply idle between measurements. A modest, but insignificant amount of power can be saved with shorter conversions.

5.2 PS Data Rate and Resolution

Proximity sensing uses short pulse trains of IR light from an LED to check for nearby objects which reflect a tiny amount of light back to the receiver. Low overall power is achieved by the low duty cycle of the measurement.

To maximize efficiency always use the largest available practical LED current. ($2 \times \text{LED current} = 2 \times \text{SNR}$)

To minimize sensitivity to ambient light flicker use short pulse lengths.

To improve resolution and SNR use longer pulse lengths. SNR improves more slowly with longer pulse lengths than higher LED currents. ($2 \times \text{pulse length} \leq 1.4 \times \text{SNR}$)

To improve SNR (and increase power) increase the number of pulses per measurement (this should only be done after first maximizing the current). ($2 \times \text{number of pulses} \leq 1.4 \times \text{SNR}$)

To reduce overall power consumption minimize the sample rate (how often a PS measurement is performed). Usually 10–20 samples per second is sufficient for mobile applications.

To reduce overall power consumption consider using a Bayesian, or 2-step technique where if an interrupt is triggered by a low power, high noise measurements, the data rate, power, number of pulses, etc. can be quickly set to a high level by the MCU to “check” if the interrupt was real. The threshold should be adjusted such that the amount of false interrupts is low enough to achieve overall power savings with high reliability.

LED avg current = LED current setting × (125mA / 511) × pulse length [sec] × number of pulses / sample period [sec]

5.3 PPG Data Rate and Resolution

PPG data rate = $1 / (\text{PPG period} \times \text{number of averages})$

A high data rate is useful for implementing discrete time digital filters. Lower data rates allow for less controller interaction. To maximize SNR the largest LED current should be used with the lowest ADC gain and highest number of averages. To reduce ambient light flicker artifacts use short LED pulse lengths. SNR improves more quickly with increased averaging than it does for increased pulse lengths.

If SNR is a concern, LED currents less than 62.5mA (0x0FF) should not be used to avoid the LED driver noise from becoming the limiting noise source.

Lower data rates ~16 sps are useful for heart rate measurements. SpO2 typically requires at least 100spS.

The LED duty cycle is below 50% for PPG1 and below 25% per LED for PPG2 mode, since half the time the device is sampling the ambient environment and half the time the LED is on. In PPG2 mode the IR and R LEDs alternate.

LED avg current (per LED) = LED current setting × (125mA/511 or x3FF) × pulse length[sec] / sample period[sec]
5.4 Autogain Methods

Optimal performance of the PPG sensor is discussed in a separate app note. The key points emphasized there are that maximizing the LED current (minimum gain) and maximum sample rate are the most useful methods.

A typical PPG host controller will use a gain control method to set a target count range at about 80% of the ADC full scale. Or about 200,000 counts.

In this method the controller should use the following, or similar procedure using the PPG interrupt mode or poll for new data.

1. Disable PPG1/2 measurements.
2. Program new current values for IR/Red channels.
3. Set FIFO read, write and overflow bits to zero.
4. Enable PPG1/2 measurements.
5. Wait for ADC interrupt or periodically poll the status register for new PPG data.
6. Read 3/6 bytes from FIFO and construct PPG count values.
7. Based on the measurement, calculate a new IR/R current settings.
8. For each IR and R measurement, if the count values are within a narrow target range of counts, for instance 190,000 to 210,000 counts, then increment the respective a persistence counter.
9. If the persistence value meets the target, exit autogain for that channel.
10. If the value is outside a wider range of counts, for instance 170,000 to 230,000 then re-enter autogain for that channel.

Once autogain is complete, the usual desired readout method using the FIFO can be set, for instance FIFO AFULL interrupt.

Stability Note

Methods for calculating the new Red/IR current settings include simple increment/decrement methods or scaling the current linearly with the counts. Either method can work, provided the steps are larger than the differential nonlinearity (DNL) of the current source. While the resolution of the current programmable is 9 or 10 bits, the least significant bits do not necessarily have a monotonic output. Sometimes small steps up in current will actually produce a lower current. This can cause an infinite loop. Therefore, it is recommended to only use the upper 5 or 6 bits for current control for Red/IR current setting and not use smaller bits. In other words, the minimum step size should be no smaller than the decimal integer 32.

6. Example Driver Code

Example ARM mbed driver code.
7. Revision History

<table>
<thead>
<tr>
<th>Revision</th>
<th>Date</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.2</td>
<td>Jul.30.20</td>
<td>Update trim on/off procedure and simplify code example.</td>
</tr>
<tr>
<td>1.1</td>
<td>Apr.30.20</td>
<td>Redefined document title.</td>
</tr>
<tr>
<td>1.0</td>
<td>Apr.23.20</td>
<td>Initial release.</td>
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</table>
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